Out of Body Intensive Residential Retreat

2019 Website Program Description

With William Buhlman

Acclaimed Author and America's Leading Expert
On Self-Initiated Astral Projection and Out-of-Body Experiences

Don't miss this Unique Opportunity to Explore Safe, Out-of-Body Adventures!

This exciting workshop explores the various steps and techniques needed for controlled out-of-body exploration and other spiritual journeys. William brings a refreshing look at how we can use out-of-body experiences to explore our spiritual identity and enhance our intellectual and physical lives.

Experience a profound sense of knowing instead of believing!

Bill has trained out-of-body travelers in his workshops for two decades, teaching people how to project their consciousness beyond the limits of their physical bodies and to explore dimensions and worlds beyond everyday life. Over the course of this unique program you will experience extensive step-by-step exercises, tips, techniques, and answers to your every question about out-of-body exploration.

During this empowering workshop you will experience:

- Extensive astral travel, out-of-body and inner exploration techniques.
- Unique and powerful healing methods.
- Methods to have a profound spiritual experience.
- Powerful methods to reshape your reality.
- Spiritual protection methods.
- Effective focus and control methods
- Innovative spiritual development techniques.
- Proven brain wave synchronization technology.

About William Buhlman

William Buhlman is a leading expert on out-of-body experiences. The Bill's forty years of extensive personal out-of-body explorations give him a unique and thought provoking insight into this subject. His first book, *Adventures beyond the Body* chronicles his personal journey of self-discovery through out-of-body travel and provides the reader with the preparation and techniques that can be used for their own adventure.

Over the past two decades William has developed an effective system to experience safe, self-initiated out-of-body adventures and teaches this in his in-depth six-day workshop at the Institute titled, Out-of-Body Exploration Intensive. As a certified hypnotherapist, William incorporates various methods, including hypnosis, visualization and meditation techniques in his workshops to explore the profound nature of out-of-body experiences and the benefits of accelerated personal development. Through lectures, workshops and his books the Bill teaches the preparation and techniques of out-of-body and spiritual exploration.

What people are saying about William Buhlman's Spiritual Adventures Workshops:

> *"This workshop has provided me with the answers I've been looking for most of my life. And they were within me all this time."*
> – Mike W. Novi, MI.

> *"Wow, what an adventure."*
> – Paul F. Boston, Mass.

> *"I started having out-of-body experiences when I was a teenager. I couldn't tell anyone, because they would think I was crazy. After the question and answer session, I felt good knowing that this is a perfectly natural experience."*
> – Francine K. San Francisco,

> *"It was so exciting. I can't wait to get home and practice the techniques."*
> – Kim Y. Yelm, WA.

> *"A totally powerful experience. If you have ever considered taking a workshop, this is the one! It is packed with information, techniques and answers to all of your questions on out-of-body travel."*
> – Carolyn M. Santa Barbara, Ca.

"Bill is wonderful. The workshop was insightful due to his many personal experiences. Finally, someone I can talk to that knows what this is about."
– Ken E. Denver, CO.

"A refreshing change from the lecture format in so many workshops. The discussion was lively and the techniques were simple and effective."
– Bob R. Minneapolis, MN

The Monroe Institute programs are limited to 24 participants so, we highly recommend you register early.

Our Powerful 5-day/6-night All-inclusive Out of Body Intensive Program Offers:

- Daily consciousness exploration facilitated by our skilled trainers
- Semi-private accommodations
- 3 delicious home-style meals a day
- Daily yoga classes
- Transportation to and from airport (see details)
- As well as access to walking/hiking trails, complimentary WiFi and massage therapy upon request (additional fee)

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Comments (2)

ernieketel

says:

January 6, 2015 - 9:34pm

I am 71 years old, in good health. I have had a few OBE's but with poor awareness, and I can't produce them when I try. I'm borderline insomniac and the vibrational state excites me to the point that I get too awake. When it first happened years ago, I was scared, but I learned to punch through the fear. The more I practice, the more I can't do it. Decades ago I had a life changing mystical experience. The memory faded over the decades, but has returned a bit with a spiritual awakening that started 12 years ago. My experience has left me with no concrete beliefs except the following: Life, God, the Universe is one Being in which we are all connected to it and to each other. We feel this connection as Love. Life is a proving ground where we get to increase our capacity to love -feel connected- under any and all imaginable circumstances. I would like to learn greater focus and I am interested in your programs

goaldrivengal

says:

June 8, 2015 - 12:30pm

I am 46 years old and have experienced several times in my life that I have the ability to soul travel. At first I didn't understand that is was more than a dream, until I proved it to myself after getting some insight about my father and his journeys. He is not with us anymore for me to be mentored by and both my sister and I have a profound interest. I would like to perfect this ability. I have found that this ability has been encountered by both my parents, my sister and some friends. My father could and my sister can actually travel on purpose, were my ability is sporadic. I am very interested into learning more about my ability and how to control it and progress in the knowledge of my gift.